1. If you haven’t already, perhaps you could debrief what it was like last Sunday to gather in person with the church again and simultaneously, what it was like for those unable to do so?

2. When has heeding your conscience spared you from negative consequences or led you into blessing?

3. Looking at verse 14, what teaching(s) of Jesus may have formed Paul’s statement that “nothing is unclean in itself?” Why does something “clean” become “unclean” for anyone who thinks it’s unclean? As those who affirm absolute truth, this reality can create tension.

4. Have you ever been really discouraged in your walk with Christ by the exercise of someone’s Christian liberty that really caught you off guard? On the other hand, when have you been the “strong” that has caused another brother or sister in Christ to be discouraged?

5. Identify the places in Romans 4:13-23 that Paul contrasts the secondary issues (eating/food) with primary ones. Why do you think God makes such a blunt contrast?

6. Verse 22 seems an excellent proof text for the one who says “faith is a private matter!” What does verse 22 actually mean?

7. As I consider this passage, I’m provoked by how often I’m engaged with other believers in conversation of secondary importance. What are specific questions you could resolve to ask other believers to help you pursue “what makes for peace and for mutual upbuilding?”